



**YOU WILL LEARN THE PRINCIPLES OF HORSE TRAINING:**

- Never put your safety in jeopardy
- Never put your horses' safety in jeopardy
- Learn the art of a soft feel
- Learn the art of balance
- Learn the art of timing
- Learn to apply behavioral modification techniques
- Learn to recognize the slightest "try" in your horse
- Learn to establish leadership for your horse
- Learn how to get your horse to trust you
- Your horse will be calm at the end of your training session when you learn all this!
- Strive to have a calmer and more relaxed horse at the end of each training session



**Jim McDonald**

AQHA Professional horseman

CHA Certified

**Graham Equestrian Center**

Private lessons	\$80.00
Semi - private lessons	\$60.00
Group lessons	\$55.00

20 % discount package programs  
for all of the above

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**WWW.JIMMCDONALDHORSEMANSHIP.COM**

*I WILL TRAVEL TO YOUR FACILITY AND  
HELP YOU WITH YOUR HORSE  
FEES DEPEND ON DISTANCE*



**A RELATIONSHIP OF TRUST**

Horse training can be pretty straight forward. Our greatest challenge is to always understand and keep the horses' perspective in mind. Softness is always the key, so I say that when you think you are being soft, cut it in half. When your horse is doing something that you don't want ask yourself "What am I doing to cause that!?"



## THE CORE PRINCIPLES OF GOOD RIDING

1. Having Soft eyes all the time
2. Deep abdominal breathing
3. Good skeletal alignment
4. Center awareness
5. Grounding

## *Feel, Timing, and Balance*

### FEEL

This word is used so often with regard to horsemanship, but what does it really mean? To me, it means developing a moment to moment awareness of how the horse is reading your actions. How well does he understand your aids? What reaction does he have to your cues?

### TIMING

Timing is a critical element in horsemanship. One must develop the feel and the timing of a release which is how the horse knows he did the right thing. So not only do we need to be acutely aware of the horses' reaction, but we also need to be aware so that the release can occur always within three seconds of the desired behavior.

### BALANCE

Balance has so many implications. We always talk about a balanced seat. But we also must be balanced in our aids to the horse. A soft aid requires a soft release. The softer you are, the softer you can be.

## Helping People Build a Trusted Relationship With Their Horses



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[www.JimMcDonaldHorsemanship](http://www.JimMcDonaldHorsemanship)